

# Living Table

UNITED CHURCH OF CHRIST

Tuesday, February 16, 2021

## This Week with Living Table UCC



### Message from Pr. Rachael

This is a busy week in the life of the church. Preparations for Lent began on Transfiguration Sunday where we remember that the glory of God lives in us no matter who we are, where we go, or what we do. It can shine through anyone at any time. This is a good reminder as we enter this intentional wilderness time where we are more likely to encounter our humanness before recognizing God's Glory.

Traditionally, the preparations would continue on Shrove Tuesday where folk would consume any oil and sugar in their homes to get ready for Lent's fast. This is why pancakes are the meal connected with Shrove Tuesday. "Shrove" is a form of the English word "shrive" which means to receive absolution for sins by way of confession and acts of penance. In the old days, one would go to the priest on the eve of Lent to be "shriven." Lent was a time of penitence and fasting as preparation for the new life that Easter would bring.

We aren't going quite this far. However, our theme for Lent is "The Path of Forgiveness." Each week we will examine an aspect of the journey to true forgiveness. We will begin on Ash Wednesday with a discussion of sin and an

overview of the rest of Lent. We will look at what repentance means from examination of conscience, to true sorrow for what we have done or left undone, to heart-felt confession. Then we will consider how forgiveness takes root, beginning with committing to the hard work of change, opening ourselves to forgiveness, and concluding with making restitution where possible.

We will follow this path through Lent, not because we are worthless sinners. Rather, because we are God's beloved and having a mature and healthy understanding of sin, repentance, and forgiveness brings healing and hope. There is enough pain and suffering in the world without leaving our understanding of sin and worth unexamined. I hope you will commit to taking this journey together.

In the meantime, don't forget to take photos with your flat bunny and send them to me (rachael@livingtable.org). We need some fun to balance out the heaviness of this season. And fun during Lent is perfectly acceptable since we know the end of the story - Love triumphs.

Be safe.  
Be well.

Pr. Rachael

## Calendar

All Living Table events are Virtual, see All Things for Online Church for Zoom Links: <http://www.livingtable.org/all-things-for-online-church.html>

### Wednesday:

10 am Virtual Tea with Pastor Rachael  
5 pm Centering Prayer Group  
6 pm Mini Service on Facebook and YouTube  
7 pm Ash Wednesday Service

### Saturday:

8 am Morning Bible Study Group reading Luke  
11 am Celebration of Life for Linda Hubbard (More information in Thursday Table Talk)

### Sunday:

9:15 am Adult Sunday School: *The Cross and the Lynching Tree*  
10:30 am Worship  
12 pm Community Meeting

View the full calendar in the [Calendar](#) tab on our website.

All Things for Online Church

Corona Virus Anxiety Booklet



## Ash Wednesday

Tomorrow evening's service will use our regular worship Zoom information, which you can find in any Thursday Table Talk. The bulletin is linked below and on the website:

[Ash Wednesday Word Bulletin](#)

[Ash Wednesday PDF Bulletin](#)

## Black History Resource

[Here](#) is a great resource for read-alouds during Black History month.

## Weekly Mini Service

Since the Daily Advent Mini Services were attended and appreciated by many people, Pr. Rachael will continue a Mini Service on a weekly basis. It will now happen on Wednesdays at 6 pm. The mini service will include a reading and time for prayer and will be on both Facebook Live (<https://www.facebook.com/rachael.keefe/>) and YouTube (<https://www.youtube.com/c/RachaelKeefeUCC>).

## Zoom Passwords Required

All Zoom meetings now require a passcode. Thursday's Table talk contains all the meetings and passcodes for Living Table. If you cannot find what you need, please contact Pr. Rachael. They will not be shared on our website. You, however, are free to share them with anyone interested in attending Living Table activities.

All Things for Online Church

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Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing



