



# Living Table

UNITED CHURCH OF CHRIST

Tuesday, March 19, 2019

## This Week at Living Table UCC

### Tuesday:

5 pm Centering Prayer Group

### Wednesday:

6-8 pm GA Meeting

6 pm Lenten Meal

7:30 pm Choir Practice

### Thursday

6 pm Sh<Out Choir Practice

### Friday:

7 pm Back to Basics AA

### Saturday:

8 am [Morning Bible Study Group](#) Ezekiel at Fireroast Cafe

1-2:30 pm [NAMI MN: GLBTOAIP Peer Support Group Meeting](#)

3 pm Hand Drumming Group

### Sunday:

9:15 am Sunday School

10:30 am Worship

12 pm Community Conversation

4 pm Girl Scouts

### Monday:

3:30 pm Spanish Class

[Website Calendar](#)

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## Soup and Discussion Wednesdays during Lent

6 pm - 7:30 pm

You are invited to join us on Wednesday evenings for soup and discussion. The soup will be vegan and allergen-free. If you would like to contribute

vegetables to the soup, please bring them to church on Sunday (see the list of vegetables NOT to bring below). If you are available to help prepare the soup, please come to the church kitchen at 10 am on Wednesdays. If you would like, you may also bring any kind of bread, crackers, or cheese to share with those gathered.

Veggies not to bring:

Corn  
Bell Peppers  
Egg Plant  
Tomatoes

## **Mental Health First Aid for Seniors**

Date: March 23, 8 am-5 pm  
Minnehaha Communion Lutheran Church  
4101 37th Ave So.  
Mpls, MN 55408

It's free, but you are required to stay all day. Lunch is provided.

Registration is required by Monday, March 18.

Register: [www.fairview.org/mhfaclasses](http://www.fairview.org/mhfaclasses)

651-232-1449

[ketaylor@healtheast.org](mailto:ketaylor@healtheast.org)

## **Adult Sunday School**

The Adult Sunday School is discussing *Accidental Saints* by Nadia Boltz-Weber. If you are able to contribute to the cost of the book, it is \$10.50. If you aren't able to attend Sunday School but would like to read along, please let Pr. Rachael know.

## **Pop Bottles**

Sandy Saline is looking for 2 liter pop bottles for her class. She needs about 20, preferably clear but green will do. She will collect them when you see her on Sunday.

## **Ongoing Events at Living Table**

Find out more about these events by going to the Get Involved section of our website.

- Saturdays: Morning Bible Study
- Sundays: Adult Sunday School
- Mondays: Free Spanish Class in the Hope Room
- 3rd Monday of the Month: Women's Group meets at 6 pm. All female-identified people are invited
- 1st Thursday of the Month: Grief and Loss Group at 6:30 pm
- 4th Thursday of the Month: Spirited Conversations meets at 6:30

pm

## Interested in Donating to the Church?

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God's Peace | [Table Talk Issues? Contact us!](#)

Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

