



# Living Table

UNITED CHURCH OF CHRIST

Tuesday, April 30, 2019

## This Week at Living Table UCC

### Wednesday:

6-8 pm GA Meeting  
6:30 pm Bible Study: Forgiveness  
7:30 pm Choir

### Thursday

11:30- 1 pm Spring Fling Brunch  
6 pm Sh<Out Choir Practice (Rental)  
6:30 pm Grief and Loss Group

### Friday:

7 pm Back to Basics AA

### Saturday:

8 am [Morning Bible Study Group](#) reading Mark at Fireroast Cafe  
11 -12:30 Open Drumming Group  
1-2:30 pm [NAMI MN: GLBTOAIP Peer Support Group Meeting](#)

### Sunday:

9:15 am Adult Sunday School  
10:30 am Worship

### Monday:

3:30 pm Spanish Class  
6:30 pm Property Ministries

[Website Calendar](#)

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## Monday's Muse



## **Spring Fling**

Join us for a free brunch at Living Table on Thurs, May 2, 11:30 am - 1 pm. It's a chance to FINALLY celebrate spring with your Living Table buddies.

Old friends and new friends are welcome! Please let Andrea Tharaldson know if you can make it.

## **Do You Know How to Intervene to Save a Life?**

There will be free, hands-on training after worship on May 5th and 19th covering how to stop traumatic bleeds, use an AED, do hands-only CPR, and identify a stroke. All of these techniques are designed for non-medical people to use. This offering is part of a nation-wide initiative to have everyone in the country learn these skills. If you have questions, please contact Sandy Saline.

## **Grief and Loss Group**

On Thurs, Apr 2, a Grief and Loss Group will meet from 6:30-8:30 pm. It is an open group that meets monthly led by Pr. Rachael and Rev. Doug Federhart. Anyone dealing with grief and/or loss may attend without making any long-term commitments. If you have questions, please ask Pr. Rachael.

## **Ongoing Events at Living Table**

Find out more about these events by going to the Get Involved section of our website.

- Saturdays: Morning Bible Study
- Sundays: Adult Sunday School
- Mondays: Free Spanish Class in the Hope Room
- 3rd Monday of the Month: Women's Group meets at 6 pm. All female-identified people are invited
- 1st Thursday of the Month: Grief and Loss Group at 6:30 pm
- 4th Thursday of the Month: Spirited Conversations meets at 6:30 pm

Dale working on putting a food bag into a backpack at Folwell School!

## Interested in Donating to the Church?

[Donate Now](#)

God's Peace | [Table Talk Issues? Contact us!](#)

Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

