



Living Table

UNITED CHURCH OF CHRIST



Tuesday, January 15, 2019

This Week at Living Table UCC

Tuesday:

5 pm Centering Prayer Group

Wednesday:

6-8 pm GA Meeting

6:30 pm Evening Bible Study: Worship

7:30 pm Choir Practice

Thursday

6 pm Sh<Out Choir Practice

Friday:

7 pm Back to Basics AA

Saturday:

8 am [Morning Bible Study Group](#) Ezekiel at Fireroast Cafe

1-2:30 pm [NAMI MN: GLBTOAIP Peer Support Group Meeting](#)

3 pm Hand Drumming Group

Sunday:

9:15 am Sunday School

10:30 am Worship

Monday:

3:30 pm Spanish Class

6:30 pm Women's Group

7 pm Slutwalk Minnesota

[Website Calendar](#)

Monday's Muse



Healing Trauma Event

First Unitarian Society of Minneapolis is hosting a healing trauma conversation event on January 15, 2019.

\$50 tickets are still available.

Register online!

<https://www.eventbrite.com/e/mwp-conversations-healing-in-community-tickets-51814001072?aff=ebdssbdestsearch#tickets>

Democracy in Chains Dinner Discussion

Tuesday, January 15, 6 - 8:30 pm, at Gandhi Mahal Restaurant, 3009 27th Ave. S, Mpls. Presentation and discussion of the powerful new book, *Democracy in Chains*, which documents the stealth plan of the far right billionaires to end majority rule and install an oligarchy of the 1%. Sliding scale dinner tix. \$10 - \$20 at <https://bit.ly/2s6eHWT>. Sponsored by the Spotlight Team, Minnesota Alliance of Peacemakers (MAP), and East Side Freedom Library.

Mental Health Connect

On January 20, during Kinship, Nicole Claeson, a Navigator from Mental Health Connect will talk with us about Mental Health Connect. She will go over the services available and how Mental Health Connect works best. Please plan to join the conversation and bring your questions.

Women's Group

Women's Group will meet, Monday, January 21, for our potluck meal at 6:30 pm. We will assemble care bags for homeless people. You can help us by donating things useful to people living on the street. Suggested items : lip balm, personal size tissues, granola bars, meat sticks, single serve nuts, hand warmers etc. There will be a collection box in the kinship area for donations. Questions? Email me at jsbell2002@gmail.com. Blessings, Joann Bell

A Request from the Congregational Care Team

If a member experiencing a crisis calls you and asks for assistance, please let the Care Coordinator know. We want to be sure we are coordinating the best possible care with the best use of our resources. The Care Coordinator is always listed in Table Talk and on the Sunday Announcement Sheet. The current care coordinator is Gretchen Roesler.

Upcycle Your Christmas Cards

Erika Sanborne is collecting the fronts only of Christmas cards for re-use in projects next year in senior living communities where she is a chaplain. There are a lot of things we can make with these card fronts, and seniors will enjoy doing so in 2019 if we have enough to work with. Please do not include family photo cards, but any others are appreciated. Pastor Rachael has agreed to receive them at church or wherever you see her. Be sure to recycle the other halves of cards. Thank you so much!

Ongoing Events at Living Table

Find out more about these events by going to the Get Involved section of our website.

- Saturdays: Morning Bible Study
- Sundays: Adult Sunday School reading *Falling Upward* by Fr. Richard Rohr
- Mondays: Free Spanish Class. Spanish Class meets in the Hope Room every Monday
- 3rd Monday of the Month: Women's Group meets at 6 pm. All female-identified people are invited.
- Wednesdays: Evening Bible Study
- 4th Thursday of the Month: Spirited Conversations meets at 6:30 pm. Mark leads us in lively conversations on wide range of topics

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Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

