

Living Table

UNITED CHURCH OF CHRIST

Tuesday, March 2, 2021

This Week with Living Table UCC



Message from Pr. Rachael

We made it to March, and April will be here before we know it. Most of us start this month with a bit more optimism and energy because March means spring, right? By the middle of the month we are weary(er) and convinced spring will never come. Yet, it always does... eventually. This March may be more challenging than previous ones as we reach the one-year mark of pandemic.

Recognizing all that we have endured throughout the last year, I chose our theme for Lent intentionally. Being "On the Path to Forgiveness" allows us to breathe more deeply this season and to take a closer look at our lives. We will encounter the hard things, the painful things. However, we can't examine our lives more closely and not come across all that we have to be grateful for. Yes, we can name those things we need to repent of and make amends for as well as the things we need healing for. This is often the work of Lent. Let's be intentional about noticing the blessings along this path we are traveling.

Who or what has made the last year easier than it could have been for you? Where have you found rest or renewal? What has brought joy and hope in the moments

when despair was creeping in? And if you feel like you are barely holding on these days, what is good in your life? Who has accompanied you in the moments of overwhelming pain or grief or depression? Have you been able to accompany anyone through the hard days? None of us has made it through the last year alone. And, together, we will face whatever comes. God is with us and we are a strong community.

In the coming days, try to find ways to enjoy the sun when it shines. Take a few moments now and then to be still and breathe deeply. Celebrate the Living Table community and your circles of support and love. Give thanks for the small things and big things that have enabled you to get through the last year, and those things that are keeping you going. And, if someone has been particularly helpful in any way, send them a note or an email or even a text to let them know. We are in this together.

Be safe.

Be well.

Pr. Rachael

Calendar

All Living Table events are Virtual, see All Things for Online Church for Zoom Links: <http://www.livingtable.org/all-things-for-online-church.html>

Wednesday:

10 am Virtual Tea with Pastor Rachael

5 pm Centering Prayer Group

6:15 pm Choir Rehearsal (not on Saturday)

6:30 pm Congregational Care Meeting

Saturday:

8 am Morning Bible Study Group reading Luke

Sunday:

9:15 am Adult Sunday School: *The Cross and the Lynching Tree*

10:30 am Worship

View the full calendar in the [Calendar](#) tab on our website.

All Things for Online Church

Discuss *Jim Crow of the North* on March 4

Why does Minnesota suffer some of the worst racial disparities in the nation? The Racial Justice Task Force of Lake Nokomis Lutheran has invited Living Table UCC and Spirit of St. Stephen's Catholic to join them in a discussion of "*Jim Crow of the North*." This acclaimed Twin Cities PBS documentary charts the progression of racist policies and practices, particularly in Minneapolis, from the advent of restrictive covenants in the early 1900s through their elimination in the 1960s and their lasting impact on our cities today.

First **WATCH** the one-hour video "*Jim Crow of the North*" – whenever it's convenient, and even if you've seen it before. As you watch, take note of what surprises you.

Imagine the experience of not being welcome in certain neighborhoods. The video address is <https://www.tptoriginals.org/redlining/>

Then **JOIN THE DISCUSSION** led by Beacon Senior Congregational Organizer, Emily Goldthwaite Fries: on **Thursday, March 4, 7 pm**. Here is the Zoom link:

[https://uso2web.zoom.us/j/82766413700?
pwd=U2ZhcjdiaXQxUG5BblVZTjZnZmJVZz09](https://uso2web.zoom.us/j/82766413700?pwd=U2ZhcjdiaXQxUG5BblVZTjZnZmJVZz09)

Meeting ID: 827 6641 3700

Passcode: 978176

Antisemitism and White Nationalism Conversation

Please join us on Sunday, March 7 at 12:30 pm as we examine the history and structure of Antisemitism and White Nationalism, and their present role in our society.

This webinar is meant to be a 101-style introduction to these concepts and no prior background is required. The conversation will be led by Brandon Schorsch from Jewish Community Action.

We will use our regular worship link so you do not have to log out from worship that day. You can simply take a break and come back for the conversation. We also encourage you to invite friends to join us for this important conversation. You may use this link to share: [https://uso2web.zoom.us/j/284800825?
pwd=UkhBcDR0TjhMSVdVSIZRUUZ6MUguQT09](https://uso2web.zoom.us/j/284800825?pwd=UkhBcDR0TjhMSVdVSIZRUUZ6MUguQT09)

It has the password embedded to make it easier for guests.

UCC Special Offering

In March, we will collect for One Great Hour of Sharing, one of the UCC's four special offerings. With this offering, the UCC responds to a variety of global and local concerns by providing advocacy, sustainable development resources, long term disaster recovery support, and assistance for refugee and asylum seekers, working in collaboration with its partners locally and globally. The theme this year is "Let Love Flow," and one of the main focuses is providing water where it is lacking. When you give to One Great Hour of Sharing, you support water and other sustainable development projects all over the world.

Daily Lenten Prayer

Pr. Rachael will offer a Daily Lenten Prayer throughout the season at 6 pm. The mini service will include a reading and time for prayer and will be on both Facebook Live (<https://www.facebook.com/rachael.keefe/>) and YouTube (<https://www.youtube.com/c/RachaelKeefeUCC>).

Choir Rehearsal

Choir rehearsal will be at 6:15 this Wednesday. Not Saturday.

Here is the Zoom information for the meeting:

Topic: LTUCC Choir Rehearsal

Join Zoom Meeting

[https://uso2web.zoom.us/j/72567025949?
pwd=OkFiMGJjZud2dQVU5SMFZhRTlNd09](https://uso2web.zoom.us/j/72567025949?pwd=OkFiMGJjZud2dQVU5SMFZhRTlNd09)

Meeting ID: 725 6702 5949
Passcode: C95gtr934C

Zoom Passwords Required

All Zoom meetings now require a passcode. Thursday's Table talk contains all the meetings and passcodes for Living Table. If you cannot find what you need, please contact Pr. Rachael. They will not be shared on our website. You, however, are free to share them with anyone interested in attending Living Table activities.

All Things for Online Church

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Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

