



Living Table

UNITED CHURCH OF CHRIST

Tuesday, May 7, 2019

This Week at Living Table UCC

Tuesday:

5 pm Centering Prayer Group

Wednesday:

6-8 pm GA Meeting

6:30 pm Bible Study: Forgiveness

7:30 pm Choir

Thursday

6 pm AA Book Study

6 pm Sh<Out Choir Practice (Rental)

6:30 pm Council Meeting

Friday:

7 pm Back to Basics AA

Saturday:

8 am [Morning Bible Study Group](#) reading Mark at Fireroast Cafe

11 -12:30 Open Drumming Group

1-2:30 pm [NAMI MN: GLBTOAIP Peer Support Group Meeting](#)

Sunday:

9:15 am Adult Sunday School

10:30 am Worship

1 pm GLEAM

Monday:

3:30 pm Spanish Class

[Website Calendar](#)

Addiction and Mental Illness: Help, Healing, and Hope

How individuals and faith communities can respond to reduce stigma

Tues, May 7, 6 - 8:30 pm
Bethlehem Lutheran Church, 4100 Lyndale Ave. So., Mpls

Speaker: Michael Borowiak, MSW, LICSW, Transverse Counseling

Panel: Faith Community members will share their experiences with mental illness and addiction across the age spectrum

No registration required. CEUs available. Donations welcome.

Beacon Housing Call to Action

Beacon Housing sends this urgent call to action:

Your voice can make a difference for housing in the Minnesota budget!

But we need you to act quickly!

Remember coming to Convening in January, with Governor Walz and Lieutenant Governor Flanagan? And that inspiring Day on the Hill? Since then, our Representatives and Senators have been hard at work creating budget bills for the full range of programs and funds that families rely on for assistance and that we rely on to create more affordable housing. So far, the House has been very responsive to the Homes for All agenda, which Beacon has endorsed. The Senate has not shown the same willingness, and has even proposed cuts in some critical areas. So far, the Senate has not agreed to a bonding bill in 2019. Now, members of the House and Senate are coming together to create bills that will ultimately go to the Governor. ***Now is the time to call them and let them know how passionately we believe that the vision is possible with investment from the state.*** As the Governor said to us on that cold night "a budget is a moral document and needs to reflect our values."

Today, we need you to make calls or send emails to representatives to show your support. You do not have to be their constituents to make these calls! You don't have to speak to specific bills or be an expert to share your values with them. If you have limited time, pick one Senator and one Representative from each list. [Click here to email Emily](#) and let us know how it went!

Sample Script

Hello Senator/Rep _____. My name is _____ and I live in ____ (City) _____. I am a member of ____ (Congregation), part of Beacon Interfaith Housing Collaborative. I'm calling in support of the Homes for All agenda, and asking you to prioritize it, too.

As a community of faith working with others to build housing and shelter families experiencing homelessness, we know how hard it has become to find affordable housing. We also know what a difference intensive services can make in helping people quickly find the right housing and work toward their goals for health, recovery, education, employment, and much more. As you

work against the budget for (Health and Human Services -OR- the Minnesota Housing Finance Agency), we are counting on you to put the needs of people with the lowest incomes at the center and invest in their future, a future where all people have a home. Thank you for your service on behalf of all Minnesotans.

Conferees for Minnesota Housing Finance Agency bills:

Rep. Poppe

651-296-4193

Rep. Hausman

651-296-3824

Rep. Pelowski

651-296-8637

Rep. Vang

651-296-3709

Rep. Gunther

651-296-3240

Senator Westrom

651-296-3826

Senator Weber

651-296-5650

Senator Goggin

651-296-5612

Senator Draheim

651-296-5558

Senator Dzedzic

651-296-7809

May 6, there is also the opportunity to meet elected officials at the Capitol and deliver these important messages in person. You can register for the rally at this link <http://www.homesforallmn.org/2016-02-29-21-49-51/r2019ally> and watch for updates from the Homes for All coalition.

Thanks for putting your faith into action!

Ration Challenge

<https://my.rationchallengeusa.org/sanborne>

Please sponsor Erika! This is the Ration Challenge: Eat the same rations as a Syrian refugee living in a camp in Jordan in the week surrounding International Refugee Day, 16-23 June. She's taking on the Ration Challenge to show refugees that she's with them, not against them - and she'd be grateful if you could sponsor her! You'll help to provide food, medicine and education for Syrian refugees and support the ongoing work of Church World Service (CWS) to help vulnerable people rebuild their lives in safety.

Taking Heart Open Houses

Taking Heart Open Houses is a long-running program coordinated by the Minnesota Council of Churches (MCC) and the Muslim American Society

of Minnesota (MAS-MN) to bring Christians and members of other faith communities together with Muslims for food and conversation during Ramadan. Minnesota mosques and Islamic community centers welcome their non-Muslim neighbors for a traditional Iftar, inviting a time of encounter and learning. In 2018, Taking Heart saw more than 1,100 non-Muslims attend Open House Iftar dinners along with their Muslim neighbors.

Please use <http://bit.ly/TakingHeartRegister> to learn more about Taking Heart. Registration is now open so you can sign up for one or more events. Currently there are 15 Iftars from which to choose; as more mosques sign up to host, their gatherings will be added to the registration page.

Bring a friend and learn more about your Muslim neighbors as they are learning about you! These events are free and open to the public. If you have any questions, please contact **the Rev. Cynthia Bronson Sweigert** at revcbs11@gmail.com

Volunteers Wanted

Hiawatha Howe has two events coming up that they could use some help with. Fiesta May 16th 4-8 and Field Day May 31 8:40-12. Thank you for all your community support!

This event needs a lot of volunteers, and the school is hoping that you can pitch in. Ideally, they will have at least one volunteer from each group (food, activities, raffle, silent auction, etc.) signed up for each individual shift (set-up, two event shifts, and clean-up). That way, someone from their coordinating group will be available to answer questions at all times, and everyone will still have a portion of the event to enjoy with their family and friends.

Here is the link - <https://tinyurl.com/hiawathahowefiesta2019>

Ongoing Events at Living Table

Find out more about these events by going to the Get Involved section of our website.

- Saturdays: Morning Bible Study
- Sundays: Adult Sunday School
- Mondays: Free Spanish Class in the Hope Room
- 3rd Monday of the Month: Women's Group meets at 6 pm. All female-identified people are invited
- 1st Thursday of the Month: Grief and Loss Group at 6:30 pm
- 4th Thursday of the Month: Spirited Conversations meets at 6:30 pm

Interested in Donating to the Church?

[Donate Now](#)

God's Peace | [Table Talk Issues? Contact us!](#)

Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

