



# Living Table

UNITED CHURCH OF CHRIST



Tuesday, November 27, 2018

## This Week at Living Table UCC

### Wednesday:

6-8 pm GA Meeting

6:30 pm Evening Bible Study: Reading about Servant Leadership

7:30 pm Choir Practice

### Thursday

6 pm Sh<Out Choir Practice

### Friday:

7 pm Back to Basics AA

### Saturday:

8 am [Morning Bible Study Group](#) Numbers at Fireroast Cafe

1-2:30 pm [NAMI MN: GLBTOAIP Peer Support Group Meeting](#)

1:30 pm Caroling at Nokomis Square (address below)

3 pm Hand Drumming Group

### Sunday:

9:15 am Sunday School

10:30 am Worship

12 pm Mental Health Connect

### Monday:

3:30 pm Spanish Class

[Website Calendar](#)

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## Monday's Muse



## **Thanks for Native American Relief Project Donations**

Thank you to all those who donated winter clothing and supplies for our relief project. We originally collected the supplies for the Hiawatha Encampment but were told to redirect them since they already had received more donations than they could store or distribute effectively. After some search for options we identified the American Indian Family Center (AFIC) in St. Paul who were happy to receive our donations. Below are the words of thanks send to us by Kristin Kenney, Director of AFIC:

"Thank you so very much for the wonderful donations! The families can certainly use them. And thank you again for thinking of us. We truly appreciate it.

Sincerely,  
Kristin"

## **Caroling on December 1st**

We are invited join members of Lake Nokomis Lutheran and St. James Episcopal for an afternoon of caroling on Saturday, December 1. We will meet at Lake Nokomis Lutheran at 1:30 pm and walk to Nokomis Square (5015 35th Ave S.). If you would like to join in but would rather not walk, meet up with the group at Nokomis Square at 2 pm.

## **Mental Health Connect**

Sun, Dec 2 After Worship  
Plan to Join Us

Living Table is now part of Mental Health Connect, a collaborative of various houses of worship in Minneapolis. Our connection is approved by Council, and Sharon Byers, Barb Huwe, and Andrea Tharaldson are our representatives to Mental Health Connect.

One of the functions of this group is to foster awareness of available mental health resources and related social service systems like housing and financial aid. As part of our membership, professionals, called

"navigators," are available to work 1:1 to help folks in our community connect with these resources. You do not have to have a mental health diagnosis to access navigator services.

On Sunday, Dec 2, Isha Caldwell, one of these workers, will speak about her work and will be available to answer questions.

## Ongoing Events at Living Table

Find out more about these events by going to the Get Involved section of our website.

- Saturdays: Morning Bible Study
- Sundays: Adult Sunday School reading *Falling Upward* by Fr. Richard Rohr
- Mondays: Free Spanish Class. Spanish Class meets in the Hope Room every Monday
- 3rd Monday of the Month: Women's Group meets at 6 pm. All female-identified people are invited.
- Wednesdays: Evening Bible Study
- 4th Thursday of the Month: Spirited Conversations meets at 6:30 pm. Mark leads us in lively conversations on wide range of topics

## Interested in Donating to the Church?

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God's Peace | [Table Talk Issues? Contact us!](#)

Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

