

Living Table

UNITED CHURCH OF CHRIST

Tuesday, September 15, 2020

This Week with Living Table UCC



A Message from Pr. Rachael

From what I gather, the "second wave" of COVID-19 is beginning. The number of cases reported is increasing across this country and around the world. This is difficult news. I'm hopeful that since we know more, we will do better in containing the spread as this wave increases. On the other hand, there is news of potential vaccines almost daily. We pray that one of these proves safe, effective, and affordable.

While we wait to see what is going to happen, it may be hard to keep our spirits up. We might have to go back to being a bit more isolated than we would like. Perhaps the increasingly shorter days and the difficult news (not to mention the elections) are beginning to weigh more heavily on your spirit. If so, you are not alone. Please reach out if you need support. We can get through this together, whatever shape pandemic takes next, we are in this together.

By means of providing more support to enable us all to move through the coming months, we have some Sunday School and Bible Study topics that might help. Sunday School will be discussing self-care over the next few weeks. We'll talk about

what healthy self-care is when it comes to the body, mind, and spirit. Please consider joining us at 9:15 on Sunday mornings if this conversation would be helpful for you.

In addition, the Wednesday Night Bible Study has begun to discuss "How to Have Healthy Faith in Unhealthy Times." We will look at biblical characters and other people throughout history to see how their faith helped them navigate challenges and see how these examples might help us. You are welcome to join us at 6:30 on Wednesday evenings.

How is it with your spirit? If you are needing a boost, please consider the activities below or any of the other activities Living Table offers. If you find yourself needing more support, please do not hesitate to reach out to me or to Congregational Care. I continue to pray for the health and well-being of our community, our country, and our world.

Be safe.
Be well.

Pr. Rachael

Calendar

All Living Table events are Virtual, see All Things for Online Church for Zoom Links: <http://www.livingtable.org/all-things-for-online-church.html>

Tuesday:

6:30 pm Congregational Care

Wednesday:

10 am Virtual Tea with Pastor Rachael

5 pm Centering Prayer Group

6 pm GA Meeting (Rental)

6:30 pm Evening Bible Study: Healthy Faith in Unhealthy Times

Thursday:

6:30 pm Small Group AA

Friday:

1 pm Ethnic Author Book Club

Saturday:

8 am Morning Bible Study Group reading Judges

Sunday:

9:15 am Adult Sunday School

10:30 am Worship

Monday:

6:30 pm Women's Group

View the full calendar in the [Calendar](#) tab on our website.

Celebration of Life for Joann Bell

The Celebration of Life for Joann Bell is Saturday, October 10, at 1 pm via Zoom.

Pr. Laura Beth on Leave

Pr. Laura Beth is on leave until October 12. Please keep her in prayer as she prepares for, and takes, her licensing exam. Her exam is October 9, at 8 am. In the meantime, please contact Congregational Care or Pr. Rachael with needs.

Minnesota Values Project Survey

The Minnesota Legislators want your input about priorities in the upcoming sessions. This is not a multiple choice survey so you have an opportunity to really say what you think. This summer has exposed many of our social problems like racism, police brutality, homelessness and the disproportionate burden that the less fortunate in our community suffer from all the shortcomings of our time. What do you think should be their response to the many challenges facing our state at this time? How will being the hands and feet of Christ form your opinions? We may not be able to solve many social ills by ourselves but your words just may help sway a legislator from indifference or unhelpful opinions to a more helpful and progressive approach to the problems we face.

Please go to: https://www.surveymonkey.com/survey-taken/?sm=CVijW8mejykTabMJUOW2gmPl2pac_2BjPfuogqAFStJQiZ4cv4xtkxioCqmTwAOxz_2FVm_2BUX5x_2F32oL4O5oonXoR6b4rrvollooas6Vhonc8dM_3D

Women's Group

The Women's Group will meet on Monday September 21, 6:30-8 pm. We will write a poem together and do some improv (yes, it can be done on Zoom)!

School Supplies

Hiawatha and Howe Schools need supplies even though classes will begin online, as some families will not be able to purchase supplies. The schools' money for restocking supplies was spent last spring to set up distance learning. The best way we can help is to donate money that someone (one of us or maybe the school itself) can use to buy supplies. There is now a category online for supplies when you use the Donate Now button. If you want to buy supplies yourself and send or take them to the school, its address is 4201 42nd Ave. S., Minneapolis 55406. However, making a donation is the most efficient way to contribute.

Community Meetings

We have Community Meetings scheduled every other week for a while to ensure the decisions necessary in our Discernment Process moves as smoothly as possible. The next Community Meeting is Sunday, September 27, following worship.

Zoom Changes

As of September 27 all Zoom meetings will require a password or a waiting room. We will begin to use passwords. All meetings will be updated over the next couple of weeks and passwords will be posted everywhere meeting links are posted.

Interested in Donating to the Church?

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God's Peace | [Table Talk Issues? Contact us!](#)

Living Table is a compassionate community drawn together in Christ to embody love, seek justice, and invite healing

